

Finding the Right Internship

With the current down swing in the job market, internships have become a key element of the competitive student's resume. It's a worthwhile experience that can pay off in job skills and contacts. Some majors even require internships.

The internship standards and goals should be set by your college or advisor, and there should be supervision and responsibility on the job — an internship is of little benefit if it involves only filing, answering phones, running errands, and doing grunt-work.

Your Options

There are plenty of options for structuring an internship. It might be full-time or part-time, paid or unpaid, offer course credit or not, and take place during the school year or during summer break. No matter what the permutation, an internship can provide a leg up on job hunting or winning admission to graduate or professional school.

