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Is your career  target?

Self-Awareness Report

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Why is this report important?

Knowing yourself sets the stage for choosing careers that are right for you. It makes sense to choose a career that fits with your personality strengths, values, interests and skills.

This report helps you identify careers that will give you success and enjoyment for the rest of your life.

Your Personality Strengths

You are going to find out about your natural strengths and talents!

The dictionary defines personality as the combination of your distinctive individual qualities. When you understand these qualities about yourself, you will make good career decisions. By identifying your strengths and talents, you'll be able to find work that will be satisfying in the long run - where it counts.

Part I your four personality factors.

Type Factor: **Introversion**

Key Word: inner-directed

Strengths: Your natural preference is to work with ideas and concepts. Research shows the following types of employment appeal to Introverts: library work, physical science, computer specialties, architecture, civil engineering, mathematics, optometry, and law.

People in these occupations often work by themselves. The job rewards them for wanting to understand their work and to take the time to delve into it. In other words, they are working with their strengths.

Type Factor: **Intuition**

Key Word: imaginative

Strengths: You are naturally good at theory and abstract reasoning. You will be attracted to occupations that reward these skills. Research shows the following types of employment appeal to Intuitives: social science, psychology, art and theater work, entertainment, counseling, writing, acting and photography.

People in these occupations often deal with theory rather than concrete details.

Type Factor: Thinking**Key Word: logical**

Strengths: You prefer work that is logical and businesslike. You appreciate work that follows a step-by-step strategy, where you decide what you want to do and can stick to your plan. Research shows that many Thinkers work in the following areas: management, computer specialties, law, engineering, physical science, financial work (banker, auditors), economics, military, administration and teaching high school science. You can see that these jobs would reward a logical approach to doing your work.

Type Factor: Perception**Key Word: flexible**

Strengths: You will enjoy work that will honor your preference for curiosity and spontaneity. You are inquisitive, independent and tolerate complexity easily. Research shows the following types of employment appeal to Perceivers: writing, restaurant work, social science, manual labor, art, entertainment, and acting. People in these occupations often enjoy work that is flexible. They decide how they will carry out their work while they do it (e.g., restaurant workers determine how they will serve their customers).

Part II your personality type description.**General Description:**

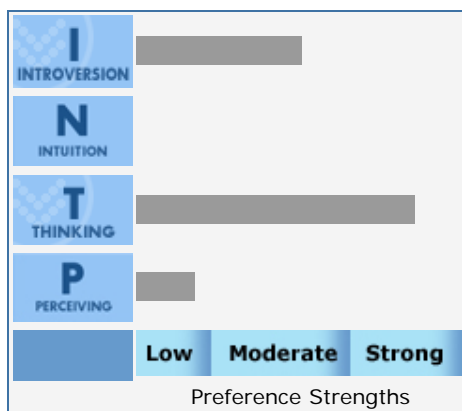
INTPs love to solve problems and the bigger and more theoretical the problems, the more they enjoy it. INTPs want to understand their world in an honest way, so they challenge existing expert opinion until they have satisfied themselves that it is true. Some occasionally mistake this intellectual honesty for rebellion because INTPs are not shy about challenging some of society's accepted rules. INTPs hold intelligence in high esteem and will usually do well in school. INTPs make quiet friends who value their independence.

Careers:**CAREER INSIGHTS:**

INTPs are good at complex analysis where creative solutions are needed. Complex analyses can be found in either pure science or in applied science. In practical applications, they concentrate on the problem and use their analytical skills until they've solved the problem. Problems for the INTP, especially those having a theoretical basis such as cancer research, are seen as puzzles waiting to be solved. Pure science attracts the INTP because they enjoy the pleasure of working on the concepts without the distraction of a practical application. INTPs do their best work when they have the freedom to independently follow their hunches; they are frustrated by a lot of rules and regulations. Careers which have appealed to INTPs include all branches of pure science (physical, life, social), engineering, medicine, computer systems and law.

Part III your preference strengths

This graph shows your original type results and preference strengths as measured by the personality questionnaire. A high score means that you have a clear preference for that type factor.

**Careers that fit your strengths****Introduction:**

This report shows you the career clusters that attract people with your personality strengths. Over 30 years of personality type research has gone into these matches. By looking through these clusters, you'll be able to quickly find careers that fit your strengths, read more about them and save them to your report.

People who work in jobs that fit their preferences enjoy it more, suffer less stress and get more done with less effort.

So, the payoff to you is that you'll discover which careers fit your personality type strengths.

Your Selected Careers:USA

▣ Designers

Pure Science/Research

| | |
|---|---|
| AGRICULTURAL AND FOOD SCIENTISTS | ARCHITECTS |
| BIOLOGICAL AND MEDICAL SCIENTISTS | CHEMISTS |
| COMPUTER PROGRAMMERS | COMPUTER SCIENTISTS, COMPUTER ENGINEERS, AND SYSTEMS ANALYSTS |
| ENGINEERING, SCIENCE, AND COMPUTER SYSTEMS MANAGERS | FORESTERS AND CONSERVATION SCIENTISTS |
| GEOLOGISTS AND GEOPHYSICISTS | LANDSCAPE ARCHITECTS |
| MATHEMATICIANS APPLIED | OPERATIONS RESEARCH ANALYSTS |
| STATISTICIANS | URBAN AND REGIONAL PLANNERS |
| MATHEMATICIANS THEORETICAL | Web Designers/Developers |
| Marine Biologists | |

Creative Arts/Communication

| | |
|---|------------------------------|
| ACTORS | DANCERS AND CHOREOGRAPHERS |
| DESIGNERS | MUSICIANS |
| PHOTOGRAPHERS AND CAMERA OPERATORS | PUBLIC RELATIONS SPECIALISTS |
| RADIO AND TELEVISION ANNOUNCERS AND NEWSCASTERS | REPORTERS AND CORRESPONDENTS |
| VISUAL ARTISTS | WRITERS AND EDITORS |
| DIRECTORS, AND PRODUCERS | |

Lawyers/Consultants

| | |
|--|---|
| HUMAN RESOURCES SPECIALISTS AND MANAGERS | LAWYERS AND JUDGES |
| MANAGEMENT ANALYSTS AND CONSULTANTS | MARKETING, ADVERTISING, AND PUBLIC RELATIONS MANAGERS |
| ECONOMIC CONSULTANTS AND MARKETING RESEARCH ANALYSTS | |

Values**Introduction:**

Values determine what you consider important and worthwhile in life.

Because they are so important, it makes sense to include them in your career decision-making process. However, to include them, you must first be aware of them. Being aware of what you value is important because career development that lines up with your core beliefs and values is likely to be lasting and positive.

So, the payoff is increased awareness of your work-related values, which leads to better career decisions.

Your Key Values:

| |
|---|
| Important Values: |
| <ol style="list-style-type: none"> 1. Help society Do something to contribute to the betterment of the world. |
| <ol style="list-style-type: none"> 2. Help others Be involved in helping other people in a direct way, whether individually or in small groups. |
| <ol style="list-style-type: none"> 3. Affiliation |

| |
|--|
| Be recognized as a member of a particular organization. |
| 4. Friendships Develop close personal relationships with people as a result of work activities. |
| 5. Make decisions Have the power to decide on policies and courses of action. |
| 6. Work under pressure Work in situations where time pressure is prevalent; where the quality of my work is judged critically by supervisors, customers, or others; or both. |
| 7. Power and Authority Control the work activities or (at least partially) the destinies of others. |
| 8. Influence people Be in a position to change other people's attitudes or opinions. |
| 9. Work alone Do projects alone, without any significant amount of contact with others. |
| 10. Knowledge Engage in the pursuit of knowledge, truth, and understanding. |
| 11. Intellectual status Be regarded as a person of high intellectual prowess or as an acknowledged expert in a given field. |
| 12. Artistic creativity Engage in creative work in any of several art forms. |
| 13. Creativity (general) Create new ideas, programs, organizational structures, or anything else not following a format previously developed by others. |
| 14. Aesthetics Be involved in studying or appreciating the beauty of ideas and events. |
| 15. Change and variety Have work responsibilities that frequently change in their content and setting. |
| 16. Stability Have a work routine and job duties that are largely predictable and not likely to change over a long period. |
| 17. Fast pace Work must be done rapidly. |
| 18. Recognition Be recognized for the quality of my work in some visible or public way. |
| 19. Independence Be able to determine the nature of work without significant direction from others; not to have to do what others tell me. |
| 20. Moral fulfillment Feel that my work contributes significantly to a set of moral standards that I feel are very important. |
| 21. Time freedom Have work responsibilities with no time schedule; no specific working hours required. |

Interests

Introduction:

What do you like to do? What catches your attention? What brings you enjoyment?

Wouldn't it be great if you could get paid for doing what you like to do anyway?

Taking the time to identify your interests will help you discover what's important for you at work. Remember: if you like your work . . . it isn't work.

So, the payoff is to identify your interests and therefore make better career decisions.

Selected Interests:

Part 1. Your unique interests

I like to work with students. I like sports. I like movies, tv, and arts. I like to hang out with close friends. I like to work with computers.

Part II. Your interest cluster.

As an area of work interest, you chose Counselor, so your interests might also include...

- Working in harmony
- Working with people (as opposed to things)
- Helping people
- Teaching people
- Reducing conflicts
- Providing support
- Relating compassionately
- Listening for feelings
- Facilitating group discussions
- Supporting personal growth

Counselors often have personality preferences for Intuition and Feeling.

Transferable Skills

Introduction:

When you are looking for work, there is good news and bad news.

The bad news is that you are may be feeling scared because you wonder, What can I offer an employer?

The good news is that you already have many skills that you can use without additional training. These are called transferable skills because you have already learned them from school, previous work or life experiences so they can be transferred quickly to your new job.

So, the payoff is that you gain a lot of confidence and focus when you identify your transferable skills.

Selected Skills:

Skills I have acquired working with people

- ✦ Speaking effectively
- ✦ Listening accurately
- ✦ Leadership
- ✦ Interviewing
- ✦ Consulting
- ✦ Selling
- ✦ Training
- ✦ Counseling
- ✦ Teaching
- ✦ Supervising
- ✦ Organizing
- ✦ Motivating
- ✦ Advising
- ✦ Coordinating
- ✦ Delegating
- ✦ Entertaining
- ✦ Negotiating
- ✦ Translating

Skills I have acquired working with things

- ✦ Repairing
- ✦ Assembling
- ✦ Designing
- ✦ Using office equipment
- ✦ Food

- ✦ Driving
- ✦ Constructing
- ✦ Building
- ✦ Maintaining equipment
- ✦ Programming
- ✦ Tools
- ✦ Using common software eg: word processing
- ✦ Sketching
- ✦ Keyboarding
- ✦ Using specialized software eg: CAD
- ✦ Troubleshooting

Skills I have acquired working with data

- ✦ Planning
- ✦ Forecasting
- ✦ Developing databases
- ✦ Testing
- ✦ Evaluating
- ✦ Problem solving
- ✦ Sorting
- ✦ Researching
- ✦ Working with spreadsheets
- ✦ Editing
- ✦ Calculating
- ✦ Creating policies
- ✦ Filing
- ✦ Computing
- ✦ Classifying
- ✦ Analyzing
- ✦ Reporting
- ✦ Budgeting
- ✦ Accounting
- ✦ Presenting

Skills I have acquired are

- ✦ Planning
- ✦ Forecasting
- ✦ Developing databases
- ✦ Testing
- ✦ Evaluating
- ✦ Problem solving
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- ✦ Computing
- ✦ Classifying
- ✦ Analyzing
- ✦ Reporting
- ✦ Budgeting
- ✦ Accounting
- ✦ Presenting

Additional skills include

Bilingual

Next Steps

Go back over this report and circle words or ideas that seem important. Use these key items to start thinking about career planning.

Your next step will be to formally create a career plan that details what training is needed.