

**Applied Psychology - Mental Health Services**

CERTIFICATE OF ACHIEVEMENT (CoA)

REQUIRED CREDITS: 30

DEGREE CODE: APMHS-CT

**DESCRIPTION**

The Applied Psychology - Mental Health Services certificate program offers a broad foundation in direct service provision of mental health services and related community services such as services for persons or families dealing with mental illness, intellectual/developmental disabilities, and problems with substance abuse. The certificate program is interdisciplinary in nature and is designed to prepare students for careers in direct services in a variety of public, nonprofit, or private mental health or community service organizations. The program offers students opportunities for practical application of learning within an academic framework of respect for diversity, utilizing current ethical and community best practices standards. Career opportunities are projected to be above average for the foreseeable future.

**STUDENT LEARNING OUTCOMES**

- Demonstrate the fundamental knowledge, skills, and standards currently required for direct services in mental health and related community services.
- Analyze individual service goals, behaviors, strengths, needs, plan development, and intervention strategies related to current service models in mental health and related community services.
- Apply knowledge of current best practices and ethical standards in planning and implementation of individualized service plans with persons with mental health or related community services needs.

**PLEASE NOTE** - The courses listed below may require a prerequisite or corequisite. Read course descriptions before registering for classes. All MATH and ENG courses numbered 01-99 must be completed before reaching 30 total college-level credits. No course under 100-level counts toward degree completion.

**GENERAL EDUCATION REQUIREMENTS (3 CREDITS)**

**COMMUNICATIONS (3-5 credits)**

BUS 108; COM 101, 102, 215; ENG 100, 101, 102, 107, 113, 114, 205; JOUR 102; THTR 105

**SPECIAL PROGRAM REQUIREMENTS (27 CREDITS)**

**CORE REQUIREMENTS (21 credits)**

CPD 117	Introduction to Counseling	3
CPD 201	Crisis Communication Skills	3
MHDD 101	Role of the Technician	1
MHDD 107	Medication Fundamentals	2
MHDD 109	Introduction to Therapeutic Interventions	2
MHDD 127	Positive Behavior Supports	2
MHDD 160	Understanding Mental Illness	2
MHDD 299	Capstone Project	3
PSY 241	Introduction to Abnormal Psychology	3

**SPECIAL PROGRAM REQUIREMENTS CONTINUED**

**ELECTIVES (choose 6 credits)**

CPD 116	Substance Abuse: Fundamental Facts and Insights	3
MHDD 102	Medical Component	1
MHDD 103	Psychopathology and Developmental Disabilities	1
MHDD 106	Teaching and Active Treatment	1
MHDD 110	Introduction to Disability Services	3
MHDD 126	Understanding Developmental Disabilities	2
MHDD 130	Teaching Life Skills	3
MHDD 150	Issues in Substance Abuse	1
MHDD 152	Allied Therapies	1
MHDD 153	Life Span Development	1
MHDD 154	Advanced Therapeutic Interventions	2
MHDD 210	Autism Spectrum of Disorders	3
MHDD 295	Practicum	3
PSY 102	Psychology of Personal and Social Adjustment	3
PSY 130	Human Sexuality	3

**Choose from the following (1-3 credits)** 1-3

CPD or MHDD

Computation included in MHDD 107, 109, 127

Human Relations included in CPD 201; MHDD 101, 109, 127

See Degree Plan on next page.

- NOTE**
- Course numbers with the “B” suffix may be non-transferable for a NSHE baccalaureate degree.
  - Course numbers with the “H” suffix are designated Honors-level courses and can be used to fulfill equivalent general education requirements. For more information visit [www.csn.edu/honors](http://www.csn.edu/honors).
  - In no case, may one course be used to meet more than one requirement except for the Values and Diversity general education requirement (only AA, AS, and AB degrees) which may be used to fulfill the corresponding general education or emphasis requirement.
  - Students may elect to graduate using the degree requirements in effect at the time of matriculation, or when they declared or changed major or the current catalog. If a program is official after a student has matriculated, the student may choose the degree requirements of the new program. In no case may a student use a catalog which is more than six years old at the time of graduation.



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**FULL-TIME STUDENT DEGREE PLAN***Plan can be modified to fit the needs of part-time students by adding more semesters.*

<b>FIRST SEMESTER</b>	<b>Credits</b>
Complete Communications (see courses previous page)	3
CPD 117 Introduction to Counseling	3
MHDD 101 Role of the Technician	1
MHDD 107 Medication Fundamentals	2
MHDD 109 Introduction to Therapeutic Interventions	2
MHDD 127 Positive Behavior Supports	2
MHDD 160 Understanding Mental Illness	2
<b>TOTAL CREDITS</b> .....	<b>15</b>
<b>SECOND SEMESTER</b>	<b>Credits</b>
CPD 201 Crisis Communication Skills	3
MHDD 299 Capstone Project	3
PSY 241 Introduction to Abnormal Psychology	3
Complete Electives (see courses previous page)	6
<b>TOTAL CREDITS</b> .....	<b>15</b>
<b>DEGREE PLAN TOTAL CREDITS</b> .....	<b>30</b>

