

12 Hours of Class

20 Hours of Work

Approx 40 Hours of Study Time  
(3 to 4 hrs per 1 hr. of class time)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
	get up	<i>get up</i>	get up	<i>get up</i>	get up	<i>Sleep in</i>	<i>Sleep in</i>			
7	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	breakfast					
	<i>travel</i>	<i>travel</i>	<i>travel</i>	<i>travel</i>	Errands	<i>breakfast</i>	<i>breakfast</i>			
8	PSY 101	<i>Read English 101</i>	PSY 101	<i>Read English 101</i>		Errands	<i>read PSY 101</i>	<i>read Geog.</i>		
9		English 101		English 101			<i>travel</i>	<i>Catch up with personal emails</i>		
10	<i>Review &amp; do math assignment</i>	<i>Read math Chapter</i>	<i>Review &amp; do math assignment</i>	English 101	Research at library	Work	Church			
11								Geography 103	Geography 103	<i>Read math Chapter</i>
12		Lunch		Lunch	Lunch			Lunch		
1	<i>Lunch</i>	Math 95	<i>Lunch</i>	Math 95	Work			Work	<i>Revise English notes</i>	
2			<i>Eng. Homework</i>							<i>Eng. Homework</i>
3	Work	<i>Math Homework</i>	Work	<i>Math Homework</i>						Work
4										
5	<i>Errands</i>	Break	<i>Math Problems</i>	Break						
6	Dinner	<i>Make Geog. note cards</i>	Dinner	<i>Computer lab</i>		Dinner	GYM			Dinner
7	<i>Revise PSY notes</i>	Dinner	<i>Revise PSY notes</i>	Dinner	Time with friends	Dinner	<i>Work at gym</i>			
8	<i>Read PSY Assignment</i>	PSY study group	<i>Read PSY Assignment</i>	<i>PSY study group</i>		Movie with Sue, John and Mike	<i>Review PSY.</i>			
9	<i>Revise Geog. notes</i>		<i>Revise Geog. notes</i>	<i>Favorite TV Show</i>						
10	<i>Study Geog.</i>	<i>Read Geog.</i>	<i>Study Geog.</i>	<i>Read Geog.</i>				<i>Review math &amp; do assignment</i>		
TO DO LIST	Call Cell phone comp	Practice math problems	Pay Bills	Go to Bank	Dinner in town				Get ready for next week	

Sample Weekly Schedule for a Student